



Fitchburg Senior Center 2010 Annual Report



Mission Statement

The mission of the Fitchburg Senior Center is to meet the diverse desires and needs of the 50 and over adult population. This is accomplished by providing a range of programs and meaningful volunteer opportunities that will enrich quality of life, and by offering services and advocacy that will maintain and/or enhance independence.

Staff

Jill McHone, Director	40 hours
David Hill, Assistant Director	40 hours
Amy Jordan, Social Worker	40 hours
Sarah Folkers, Social Worker	32 hours
Mandi Miller, Nutrition/Volunteer Coordinator	40 hours

Commission on Aging

Richard Bloomquist
Kathleen Harty
Kathy Kruger
Dick Rydecki
Diane Fronek
Jim Sosnouski
Jim Zorko

2009/2010 Senior Advisory Council

Marie Weber - Chairperson	Dick Carman
Peter Smelser - Vice Chairman	JoAnn Russel
Mary Ihlenfeldt - Secretary	Bob Rottman
Robert Hillner - Treasurer	Paul Bariola
Linda Frentzel	Donna Mullaly
Jeanette Montalto	Bill Ruff
Jim Zorko	Pat Allen
Ginger Neveu	

2010 Volunteer Review

Fast and furiously, an estimated 75 million Baby Boomers are entering the volunteer workforce. We saw this trend continue from 2009 to 2010, and have begun to see how the “faces” and skills of volunteers are changing. As the pool of volunteers are more skilled and educated than in previous years, we are forced to focus our efforts on planning how our organization will handle the volunteer infrastructure (recruitment, development, placement and retention of volunteers). Our volunteers are taking on more leadership roles, mentoring roles, and pro-bono work.

In 2010 our volunteers gave the Fitchburg community their time, skills and talents. We had collaborative efforts with three local schools this year. Our Retired Health Care Professionals spent time on health screenings at Aldo Leopold School. With their teacher, teams of high-risk kids from Savanna Oaks Middle School continue to learn life skills by helping with facets of our nutrition program. We also welcomed students from Eagle School to help with our Fall home chore program. In addition, corporations Placon and Berbee continued to have active representatives in our home-delivered meals program each month.

2010 TOTAL HOURS: 11,599.7
NUMBER OF ACTIVE VOLUNTEERS: 203



2010 Programs

In 2010, our focus was on the current trends with older adults. The emphasis on programming for a population of individuals that spans the ages of 50 - 100+ is a constant battle between what works and what the trends will be down the road. What we have discovered is a big need of recently retired residents to get involved in programs and/or volunteer work, and the community is responding!

Top programs in 2010 included:



- Women's Group
- Men's Group
- Aerobics/Yoga/Pilates/Zumba
- Watercolors with MaryAnn Inman
- Support Groups
- MATC Computer Classes



Flash back to April 2009 when the Program Needs Study for the Senior Center and Recreation Departments, conducted by GreenPlay, LLC, was completed. The intent of this study was to identify the community's recreational and human service needs now and into the future based upon population growth, a changing community profile and other factors. Now, fast forward to April 2011 when the groundbreaking for the Senior Center/Community Center renovation and addition is scheduled to begin!

2010 was a year of planning; planning (and advocating) for the addition, planning on how current and new space will be used, planning on increasing programs and services to meet the changing demands of a senior population. Thank you to the City for allowing us to plan! It is a very exciting time as we look forward to moving into new and renovated space that promises to improve the efficiency and the quality of programs that the Senior Center offers.

2010 Social Work Services

Social Work services include two types of contacts: Case Management (CM), and Information & Assistance (I & A). CM services are provided to seniors who need ongoing monitoring and services for an indefinite period of time in order to remain independent in their homes. I & A services are provided to seniors who are in need of one-time or sporadic information and/or assistance, who are able to remain independent without the ongoing monitoring of a Social Worker. In 2010 the following units of service (1 unit = 15 minutes) were provided by the Senior Center Social Workers:

CM – 6,349 units of service (219 unduplicated)

I & A – 1,766 units of service (385 unduplicated)

Medical Assistance Case Management – 459 units of service. (11 unduplicated)

2010 Social Work Highlights:

- Increase in under-60 population needing services
- Middle-aged and baby boomers continue to call requesting help for their aging parents
- Increase in Medicaid-eligible population
- Continued work with the No Falls Task Force of Dane County and Caregiver Alliance
- Increase in people needing help with Medicare Part D enrollments, largely due to Dean closing its plan
- Continued calls from new seniors moving to Fitchburg

